

STEPPIN' SEPTEMBER!

Name: _____

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Record your steps and enter your daily totals.

GOAL:
150,000 steps

Turn in your completed log by October 3rd for a chance to win a prize!

